

# All-Purpose No-Salt Seasoning Mix

This salt-free seasoning is your own home-made Seasoning Mixed based on YOUR taste. Mix it up and make it your very own, "secret ingredient". And put it on EVERYTHING. I make big batches and use them for teacher gifts.

**Prep Time:** 5 mins

**Total Time:** 5 mins

**Servings:** 10

## Ingredients

**1 tablespoon garlic powder**

**1 1/2 teaspoons dried basil**

**1 1/2 teaspoons dried parsley**

**1 1/4 teaspoons dried savory**

**1 1/4 teaspoons ground thyme**

**1 teaspoon ground YOUR WILD CARD PICK:-)**

**1 teaspoon onion powder**

**1 teaspoon ground black pepper 1 teaspoon dried sage**

**1/4 teaspoon cayenne pepper**

## Directions

### Step 1

**Gather all ingredients.**

### Step 2

**Mix together garlic powder, basil, parsley, savory, thyme, YOUR SECRET INGREDIENT, onion powder, black pepper, sage, and cayenne pepper in a bowl.**

### Step 3

**Store in a beautiful sealed jar and use frequently- even give as gifts.**

## Nutrition Facts

**Per serving: 7 calories; total fat 0g; sodium 1mg; total carbohydrate 1g; dietary fiber 0g; total sugars 0g; protein 0g; vitamin c 1mg; calcium 15mg; iron 1mg; potassium 27mg**

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